

Goals

The **Jr. B Developmental Sculling Camps** have a two-fold purpose. First priority of the Developmental Camps is to increase the pool of younger athletes and familiarize them with small boats and sculling. This will further support the development of small boat rowing for the US Jr. Men and ultimately broaden the foundation for and increase the competitiveness of the US Sculling Team. The second priority is to improve technique of sculling and to identify future hopefuls for 2012 Development Camps. **Only 12 athletes will be selected to join the camp in 2011.**



Items to Bring to Camp

Participants must furnish their own towels and toiletry items. It is recommended that campers bring running shoes and flip flops for practice along with a water bottle, sunscreen, and sunglasses. It is a good idea to bring extra spending money for soft drinks, snacks, and extracurricular activities. The camp administration will not cash personal checks from campers. When not in a sports session, dress is casual, so bring along your summer clothes and a swimsuit. You may wish to bring an alarm clock and a small fan. We strongly discourage you from bringing any valuables to camp. **The Saratoga Rowing Association is not responsible for lost or stolen items.**

Orientation

A brief orientation session will be held explaining Sports Camp rules and regulations. All campers must comply with the rules. Any serious violations or abuses will result in immediate dismissal from camp without refund.

Important for Parents

Each registered camper will receive a confirmation letter, map and directions, and rules and regulations. We invite parents to come to a session on a limited basis and through prearrangements only.

Housing for Residents

All athletes will be housed together at a local home. Transportation will be provided to and from the boathouse as well as to and from extracurricular activities. Room assignments will be made in advance. Bedding, which includes sheets, pillow, pillowcase, and blanket will be provided. There is a pool at the home during the off times.

Health and Insurance

Costs for the treatment of injuries and hospitalization for illnesses or injuries during the Camp will be the responsibility of the parent or guardian of the participant.

Athletes Register through
www.RegattaCentral.com

Filling Camps

(1995 and 1996 birthdays only)

First round of selections will be done by invitation (from the ID camps).

Second round selections will be done by coaches recommendation from surrounding areas

Transportation

Transportation will be provided to and from the Albany Airport and the Saratoga Train Station. It is important that you notify the coaches at least two weeks in advance concerning when, where, and at what time you will be arriving. The Albany Airport is located 28 miles from the Saratoga Rowing Association Boathouse. Air Canada, American Eagle, Continental, Delta, Northwest, Southwest, United, and US Airways service the airport.

Contact Information

Chris Chase: 518-376-9172 chaserow@nycap.rr.com

Registration: www.regattacentral.com

Steve Hargis: US Jr. Women's & Men's Team
860-961-6664 shargis@snet.net

2011 US ROWING JR B DEVELOPMENT SCULLING CAMP SARATOGA (MENS)



July 2 – July 9

Fish Creek
Saratoga Springs,
New York.



COACHING STAFF



STEPHEN ARTHUR-WONG

Coach Stephen is currently the Associate Head Coach of the University of North Carolina Womens Crew. This is his fourth year coaching for the Development Camp. A former member of the U.S.

Senior National Rowing Team, Arthur-Wong has competed successfully in some of the sport's most prestigious events. As a member of the U.S. men's lightweight quad, he finished fourth at the 2004 World Championships after taking sixth in the same event in 2003.

A 1996 graduate of Rollins College, he rowed collegiately for four years, competing at such events as the Henley Royal Regatta and the San Diego Crew Classic. He coached Rollins' novice rowing team for seven years, leading the squad to third-place finishes at the NCAA Division II Championships in 2002 and 2003 and to a first-place finish at the Southern Intercollegiate Rowing Association Championships in 2005.



MICHAEL WENKER

Coach Wenker, a former rower out of Skidmore College, is in his third year coaching the US Rowing Women's Development Team. Wenker began coaching under the tutelage of Todd Jesdale in 1999 after graduating college and returning home to Cincinnati. He took over the Cincinnati Juniors Women's Varsity Team where they went on to win 40 Gold medals over 8 years (including five at the Youth National Championships). Coach Wenker moved on to coaching at Hamilton College, and then to West Virginia University. Most recently, he was named Head Coach of the Dayton University Womens Rowing.



MATT PEARCE

Coach Pearce comes to the US junior rowing camp after coaching in the Great Britain High Performance Programme at Durham University, England - where he was coach of the Men's team. Over his years of coaching Matt has coached crews to win 5 national titles in 4 different countries, won the Head of the Charles, and had athletes represent the Great Britain U23 team while winning bronze at world championships. Most recently, Matt has been hired as the Head Coach of the New York Rowing Association.

JR B MENS DEVELOPMENT CAMP DAILY SCHEDULE

SATURDAY 7/2

Noon – 2pm	Orientation & Lunch
2pm – 3:30pm	Instruction
3:30 – 5:00pm	Water
5:30-	At Crew House

SUNDAY-FRIDAY 7/3-7/7

7am - 9am	Water
9am - 10am	Breakfast
10am - Noon	Water
Noon - 1:30pm	Lunch/Video Review
1:30 – 3pm	Yoga for Athletes
3:30 – 5:30pm	Open Row
5:30 -	At Crew House

SATURDAY 7/9

8am - 11am	Fish Creek
Championships	
11am – 12pm	Brunch
Noon	Departure

